

Foundational learning tool | 2024



Hi educators, – teachers and learners, young and old, in formal and informal settings. We are thrilled to share **Hello Doughnut!**, **a learning tool introducing the concept of the Doughnut for youngsters from 12 to 16 years old**; created by DEAL, with and for you. We look forward to building on this together!



Carolina Escobar-Tello and all the DEAL team







Hello Doughnut! foundational learning tool for **12-16** year olds

Cards SPACE **Mindset** in this shift tool facilitator These are the cards* in this tool. You can use them to compose your own lessons. In the following slide, they have been applied in Meet the two lessons; the minimal version.



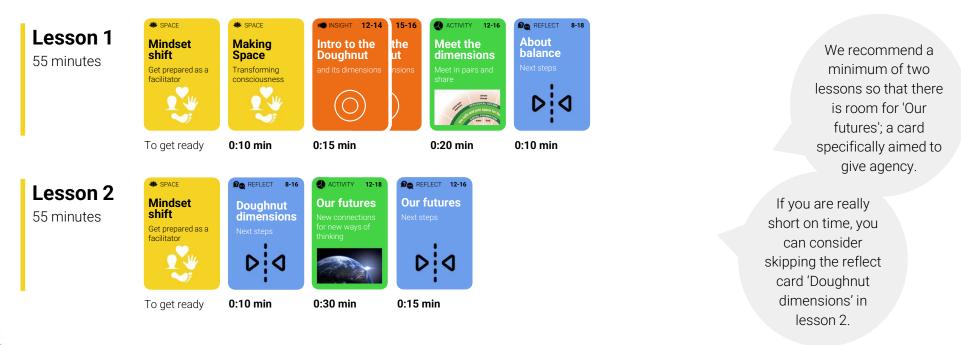




Hello Doughnut!

Lessons for 12-14 and 12-16 years old

Here a suggestion for two lessons. Note that *Intro to the Doughnut* has variations tailored to specific age groups. Feel free to compose your own lessons!







Preparations for facilitators Practical preparations

Localise everything

Give yourself enough time to familiarise with the content of the foundational learning tool that you will be using, contextualise the cards to your local scenario, and align the reflect section with your education setting (e.g. taught subject, learning objectives, students' academic year, education setting).

Create a fertile place

Set a conducive mindset for learning where ideas can grow and thrive by reviewing <u>'Preparing to Teach' tool</u>, localising the experience, and laying out a physical space that allows group work, round discussions, togetherness, affinity, and safety.

Make it yours!

We suggest using the foundational learning tools following the order of the suggested cards. However, this is not a fixed structure. Feel free to change their order adapting it to your audience and education context, needs, affordances, and constraints. For example, you may choose to run 'making space' cards before or after when in contexts that demand it (e.g. sensitive contexts, acute socio-political and/or socio-economic instability). Run it all at once or break it into small bites throughout a week! Use the speaker notes to support the delivery of the content.

Feedback Loops

Create moments for all involved to give and receive constructive feedback, opening up opportunities for improving, growing and developing. In doing so, consider issues such as anonymity, power relationships, safety, and opportunities within and outside the 'classroom'.

Materials

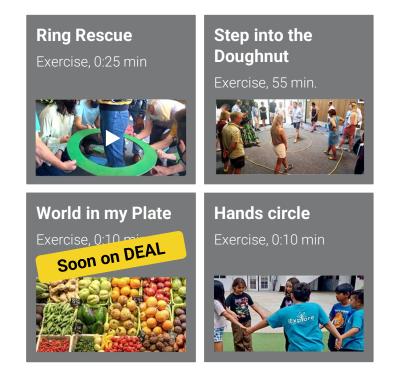
- 1. All cards in in this foundational learning tool are for the facilitator only when preparing the session, with the exception of the *insight* card and some of the slides in the *activity* cards which, are intended to be shared with learners. Feel free to be creative about the later! For example, as a facilitator you could choose to share the insight slides by projecting on a screen or wall when running the session, or draw live starting off from a white/chalk board or simply a sheet of paper.
- 2. Use the '**speaker notes**' on the slides to support your session.
- 3. Use round or movable tables for group work and discussions.
- 4. Any other materials required for the activities (e.g. paper templates, colours/crayons/markers, sticky-notes, blue-tack, etc).

Okay, let's live it :) "

If you have photos of children aged **12-14** using this tool, it would be great if you could share some with us so we can post them here in the next version of this learning tool.









Hello Doughnut! foundational learning tool for 12-16 year olds
Sharing back to inspire others

In the spirit of reciprocity, and peer-to-peer inspiration, we ask that you share back your experience and learnings from using this tool with others in the DEAL Community, via the DEAL Community Platform.

- <u>Share back</u> your experience and learning on our <u>photo stream</u>, and/or creating a story or tool for use and adaptation. We know it will be hugely inspiring to others!
- <u>Contact us</u> with any questions or feedback to help us improve the tools, thank you!





Hello Doughnut! For 12-16 year olds Acknowledgements

This tool was created by

Carolina Escobar-Tello, Kate Raworth and Ruurd Priester of the DEAL Team.

We would like to thank

The many DEAL Community members around the world who reviewed and tested this tool and offered generous feedback that helped in its development.

Image sources

The icons used in this tool come from The Noun project (thenounproject.com) and Iconmonstr (iconmonstr.com). Most photos come from our design tool Canva (Canva.com). Visuals of Doughnuts come from DEAL. Photos of tools in action come from friends in our network.





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*Alterations may mean changing the words and images so that they are relevant to your context and audience, including translating some or all of the slides to another language

Key diagrams of Doughnut Economics are referenced as 'Raworth 2017'. Full attribution text for these diagrams can be found <u>doughnuteconomics.org/license</u>



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