Think Globally but Eat Locally

Sustainable and Local Food choices



Anna Valášková Lipka Brno Primary level of education



I will implement my scenario in: 5th to 9th grade

The duration of the implementation is: 4 hours

My scenario goals are:

- 1. Understanding food chains
- **2. Understanding transport** impact (emissions, quality, chemicals)
- 3. Understanding meat and diary industry impact
- Knowledge of local food sources, community
- 5. UNDERSTANDING MY ROLE AND HOW I CAN HAVE A POSITIVE IMPACT

How will I achieve my educational goals?

educational goals?

Through 4 lessons I will teach students to think about the food they eat, the source of it and the impact it's production and transport has on the planet and other beings. They will learn about more sustainable practices and choices they can make every day.

1st lesson: Food chains and transport 2nd lesson: Meat and diary industry, plant based food sources 3rd lesson: Local food sources, seasonality, consument choices 4th lesson: Community, alternative food chains

In the end of the lessons each student should uderstand their impact on nature through food choices and will say one goal they want to focus on in the next months (buying seasonal fruit produced locally for example).



Map of the world
Calculating emissions
Videos, pictures
Shop game
Cooking/tasting

This activity links to the Sustainable Development Goals:



















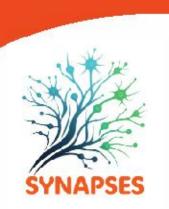




The green competences that promoted from my scenario are:

Embodying
Sustainable Value
Embracing
Complexity in
Sustainability
Acting for
Sustainability

/aluing Sustainability	Supporting Fairness	Promoting Nature
Systems Thinking	Critical Thinking	
	Collective Action	Individual Initiative



I will collaborate with:

- 1st external stakeholder (local farm, organisation) by doing an activity of doing a virtual tour/video projection of an organic farm and community supported agriculture in our area
- 2nd external stakeholder (scientific organisation, university, reasearch) by using and interpreting data from emissions from transport and animal agriculture

Here is my plan for integrating this scenario in my school this year:

I will propose a programme suggestion to the school leaders.

I will create methodology and theoretical background for the programme.

I will start (hopefully) teaching the programme.

